



February 2025 California Caregiver Resource Center Event Calendar

All events listed are virtual and open to everyone. This is a collaborative effort of the California Caregiver Resource Centers to ensure high-quality education for California family caregivers.

Fraude

Date: Tuesday, February 04 **Time:** 2:30 pm - 4:00 pm

Hosted By: <u>Inland Caregiver Resource Center</u> - <u>https://inlandcaregivers.org/</u>

Phone: (909) 835-6807 **Language:** Spanish

Register Now

Louie, Louie: A Portrait in Parkinson's, Early Onset Memory Loss: Conversations with Letty Tennis, and Living After Stroke: Conversations with Couples

Date: Tuesday, February 04 Time: 01:30 pm - 03:30 pm

Hosted By: Redwood Caregiver Resource Center - http://www.redwoodcrc.org

Phone: (707) 582-2329 **Language:** English

Let's Get Away, Together! Let's Learn All About Drones!

Date: Tuesday, February 04 Time: 01:00 pm - 02:00 pm

Hosted By: Family Caregiver Alliance - http://www.caregiver.org

Phone: (415) 434-3388 Language: English Register Now

Paid Family Leave – Big Improvements for 2025 Info Session Hosted by CA Work & Family Coalition in partnership with the CA Coalition on Family Caregiving and Legal Aid at Work.

Date: Wednesday, February 05

Time: 5:00 pm - 6:30 pm

Hosted By: Los Angeles CRC - https://losangelescrc.usc.edu/

Phone: (510) 473-2216 Language: English

Register Now

The Empowered Caregiver: Communicating Effectively

Date: Wednesday, February 05 **Time:** 05:30 pm - 06:30 pm

Hosted By: <u>Caregiver Resource Center OC</u> - <u>http://www.caregiveroc.org</u>

Phone: (800) 543-8312 **Language:** English

Register Now

Viva feliz, cuerpo y alma

Date: Thursday, February 06 **Time:** 10:00 am - 11:30 am

Hosted By: Inland Caregiver Resource Center - https://inlandcaregivers.org/

Phone: (909) 835-6807 **Language:** Spanish

Benefits for Aging Veterans

Date: Monday, February 10 **Time:** 02:00 pm - 03:30 pm

Hosted By: Valley Caregiver Resource Center - http://www.valleycrc.org

Phone: (800) 541-8614 Language: English Register Now

Doing More By Doing Less: Putting Burnout on the Backburner

Date: Tuesday, February 11 Time: 10:30 am - 11:30 am

Hosted By: Del Oro Caregiver Resource Center - http://www.deloro.org

Phone: (916) 728-9333 **Language:** English

Register Now

Practica de la gratitud-técnicas de diario

Date: Tuesday, February 11 **Time:** 2:00 pm - 3:30 pm

Hosted By: <u>Inland Caregiver Resource Center</u> - <u>https://inlandcaregivers.org/</u>

Phone: (909) 835-6807 **Language:** Spanish

Register Now

Let's Get Away, Together! Let's Discover the Many Angles of World Famous Love Stories!

Date: Tuesday, February 11 Time: 01:00 pm - 02:00 pm

Hosted By: Family Caregiver Alliance - http://www.caregiver.org

Phone: (415) 434-3388 Language: English

Cuerpo y Cerebro Sano es Vida Sana

Date: Wednesday, February 12 **Time:** 05:30 pm - 06:30 pm

Hosted By: <u>Caregiver Resource Center OC</u> - <u>http://www.caregiveroc.org</u>

Phone: (800) 543-8312 Language: Spanish

Register Now

Advertencias de Alzheimer

Date: Thursday, February 13 **Time:** 02:00 pm - 03:30 pm

Hosted By: Inland Caregiver Resource Center - https://inlandcaregivers.org/

Phone: (909) 835-6807 **Language:** Spanish

Register Now

Caregiver 101

Date: Tuesday, February 18 **Time:** 01:30 pm - 03:30 pm

Hosted By: Redwood Caregiver Resource Center - http://www.redwoodcrc.org

Phone: (707) 582-2329 Language: English

Register Now

Let's Get Away, Together! Let's Travel to Egypt for the Opening of the Tomb of King Tutankhaman!

Date: Tuesday, February 18 **Time:** 01:00 pm - 02:00 pm

Hosted By: Family Caregiver Alliance - http://www.caregiver.org

Phone: (415) 434-3388 Language: English

The Empowered Caregiver: Responding to Dementia Related Behaviors

Date: Wednesday, February 19 **Time:** 05:30 pm - 06:30 pm

Hosted By: <u>Caregiver Resource Center OC</u> - <u>http://www.caregiveroc.org</u>

Phone: (800) 543-8312 Language: English Register Now

Holding a Family Meeting

Date: Wednesday, February 19 **Time:** 02:00 pm - 03:30 pm

Hosted By: Valley Caregiver Resource Center - http://www.valleycrc.org

Phone: (800) 541-8614 **Language:** English

Register Now

Manténgase seguro en línea

Date: Thursday, February 20 **Time:** 02:30 pm - 04:00 pm

Hosted By: Inland Caregiver Resource Center - https://inlandcaregivers.org/

Phone: (909) 835-6808 **Language:** Spanish

Register Now

Livestream: Caregiver's Pledge

Date: Monday, February 24 **Time:** 03:00 pm - 03:30 pm

Hosted By: <u>Caregiver Resource Center OC</u> - <u>http://www.caregiveroc.org</u>

Phone: (800) 543-8312 **Language:** English

Let's Get Away, Together! Encore – Let's Travel Back to Brazil!

Date: Tuesday, February 25 **Time:** 01:00 pm - 02:00 pm

Hosted By: Family Caregiver Alliance - http://www.caregiver.org

Phone: (415) 434-3388 Language: English Register Now

Autografía Guiada Parte 1

Date: Tuesday, February 25 **Time:** 01:30 pm - 03:30 pm

Hosted By: Inland Caregiver Resource Center - https://inlandcaregivers.org/

Phone: (909) 835-6807 **Language:** Spanish

Register Now

Senior Fraud Awareness

Date: Tuesday, February 25 **Time:** 02:00 pm - 04:00 pm

Hosted By: Valley Caregiver Resource Center - http://www.valleycrc.org

Phone: (800) 541-8614 Language: English Register Now