Program of General Caregiver Support Services
San Francisco VA Health Care System

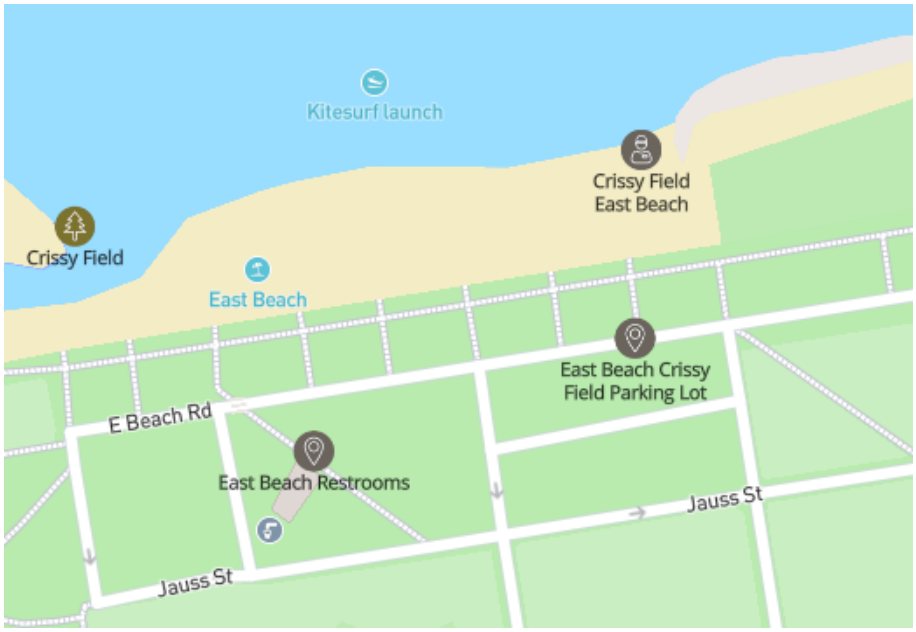
Walk and Talk /Roll and Stroll

Date: Thursday, 08/28/25
Time: 11 am

We are excited to have our next Walk and Talk/Roll and Stroll event on Thursday, 08/28/25. Join Anita & Emily as we take a nice flat stroll in the vicinity of Crissy Field with views of the Golden Gate Bridge, Alcatraz, and the North and East Bays (depending on how far we walk). We will be meeting at the East Beach Crissy Field Parking Lot to begin our walk.

For more information please contact:

Anita (anita.kong@va.gov) and Emily (emily.spain-lavender@va.gov)



VA Caregiver Support

U.S. Department of Veterans Affairs